

## DID YOU KNOW?

1

Did you know that eating disorders continue to be considered by some as life choices and about vanity?

5

Did you know that eating disorders have the highest mortality rate of any mental illness.

9

Did you know that between 5% and 20% of people who suffer from anorexia in Canada, die from complications related to their eating disorder?

2

Did you know that approximately 300 000 people in Quebec are at risk of developing an eating disorder?

6

Did you know that some people can wait for a year or more before receiving the help they need? The severity of the eating disorder may influence the waiting time.

10

Did you know that 80.97% of adolescents and 75.38% of adults diagnosed with an eating disorder actually suffer from an « Eating Disorder Not Otherwise Specified » making this the most popular eating disorder?

3

Did you know that men also suffer from eating disorders? Between 5% to 10% of those suffering from anorexia and between 10% to 15% of those suffering from bulimia are men.

7

Did you know that men represent the highest proportion of those diagnosed with Binge Eating Disorder (2 men for 3 women)?

11

Did you know that there has been an increase of 44% in the number of hospitalizations for eating disorders at the CHU Ste-Justine between 2008 and 2013?

4

Did you know that according to The Canadian Society of Pediatrics (2003), eating disorders are the third common chronic illness among adolescents ?

8

Did you know that children as young as 9 years old are hospitalized at the CHU Ste-Justine for anorexia?

12

Did you know that approximately 3% of women suffer from a severe eating disorder and that at least 10% of women between the ages of 13 and 30 in Quebec suffer from a moderate to severe eating disorder?