

## INCLUSION CRITERIA – LIST OF PROFESSIONAL REFERENCES

\*Please note that at all times, requests to be added to the list are evaluated individually by ANEB. The following list is only a guideline to evaluate the admissibility of the professional. ANEB reserves the right to accept or to refuse the addition of any new reference to the list at any time.

- Be a member of a professional order;
- Be practicing (publically or privately) for at least 3 years;
- > Demonstrate experience with eating disorders:
  - i. Work for a recognized clinic/organisation that is specialized in the treatment of eating disorders for at least 2 years; or
  - ii. Have been trained by an establishment specializing in the treatment of eating disorders.
    - For adult clientele, the professional may have been trained for at least 1 year at the Douglas Mental Health University Institute or with PITCA, the eating disorder intervention program at the Laval University Hospital Centre.
    - For youth clientele, the professional may have been trained by professionals specializing in eating disorder treatment at the Sainte-Justine University Hospital Centre or by professionals specialized in eating disorder treatment at the Montreal Children's Hospital.
  - iii. Have completed a specialized training program in eating disorder treatment. The following are considered specialized training programs:
    - Professionals who have followed the knowledge sharing program offered by the Douglas University Institute for Mental Health and intend to have continued monthly supervision with the Douglas Institute.
    - Professionals who have participated in a minimum of 45 hours of specialized training in the treatment of eating disorders.

Please note that the treatment of eating disorders is extremely complex. For this reason, ANEB highly recommends that each professional in a private practice **attend regular supervision with a professional specialized in eating disorder treatment, for the entire duration of the treatment.** 



## EXCLUSION CRITERIA – LIST OF PROFESSIONAL REFERENCES

- > Promotion of miracle diets or methods involving dietary restrictions and rigid rules.
- Professionals with no practical experience with clientele affected by eating disorders and with no desire to follow specific training to specialize.
- > Professionals who have been deregistered from their professional order.
- > Professionals who have not followed the 45 training hours in eating disorder treatment.

To add your professional contact information, please fill out the application form and send it to ANEB by e-mail at <u>info@anebquebec.com</u>. Along with the form, please attach an updated curriculum vitae as well as all copies of attestation to serve as proof of your experience.

Please note that applications will be evaluated every three months and that a telephone call will be made in order to validate your information.